

## **Prescription Medication Policy: Effective 12-21-21**

Oregon Naturopathic Clinic offers prescription medications for our patients that need hormone replacement therapy or prescriptions for other specialty conditions that we treat. Medications for conditions we do not specialize in need to be managed by your PCP or other specialist(s).

We ask that if you need a new prescription, please schedule an office visit before communicating that request to Dr. Kim. If you have an existing prescription from Dr. Kim and need a medication refill, we ask that you call your pharmacy first and request that they fax or send us an e-request for the authorization. After doing so you can send Dr. Kim a message letting her know to look for the request from the pharmacy. Dr. Kim will only initiate the refill if you have made a good faith effort and the pharmacy fails to send the request.

For all ongoing prescriptions you must be seen at least once per year and potentially more often depending on the situation. Certain medications may also require physical exams and lab testing. This is to ensure that we aren't prescribing something that is no longer needed or can even be damaging to your health. If you need to schedule a yearly checkup for a prescription refill, please schedule your appointment for at least a week in advance of running out of your medication.

Dr. Kim cannot guarantee that she will be able to authorize all routine medications the same day. Routine refills typically get authorized within 2 business days, but sometimes take longer around holidays and office closures. New medications for acute conditions seen in office will always get authorized same day.

Dr. Kim chooses not to prescribe DEA controlled substances (including Testosterone) and we limit the total number and types of non-DEA medications we do prescribe. If you need a DEA prescription, please find an additional provider who can offer this service.

We welcome communication regarding any difficulties you may have with filling an existing prescription from Dr. Kim (pharmacy issues, concerns about access to your prescription etc.). Giving a heads up that you would like us to consider a new prescription medication for you at your already scheduled next visit is also appropriate. Questions regarding the details of this policy are also welcome.

Thank you for your understanding and giving us the opportunity to help assist you in achieving your health care goals and meeting your natural health care and prescription needs.